

Clínica Msr. Oscar A. Romero

Su Cuerpo, Su Salud: Your Body, Your Health

Begun in July 2007, *Su Cuerpo, Su Salud: Your Body, Your Health* is a breast cancer screening and diagnosis program funded in part by the Avon Foundation. It targets low-income women who are monolingual in Spanish or Kanjobal, a Mesoamerican language, living in the Pico-Union/Westlake area of downtown Los Angeles. Clínica Msr. Oscar A. Romero's (CMOAR) program reduces the barriers for this population to screening mammography and early detection.

Individual outreach efforts are culturally and linguistically tailored to this hard-to-reach population, particularly female Kanjobal speakers. Using *promotora* advocacy methods, *Su Cuerpo, Su Salud: Your Body, Your Health* meets women where they gather in the community – at churches, schools, Latin American consulates and other locations. Information about breast cancer screening is provided and appointments are scheduled.

CMOAR provides in-house case management and maintains a tracking system to ensure women receive mammogram screening and diagnostic results in a timely fashion. Those women diagnosed with an abnormal mammogram are immediately referred to an in-house counselor. The case manager will simultaneously schedule the patient for referrals and then follow up in order to help patients keep initial appointments and future exams.

Each month, specialists from St. Vincent Medical Center conduct mammogram screenings at CMOAR's 123 South Alvarado Street clinic. At other times, women are scheduled for appointments at St. Vincent. Women with abnormal mammograms are enrolled in the Breast Cancer Early Detection Programs or BCEDP, now called Cancer Detection Programs: Every Woman Counts, for medical expense coverage and referred to LA County-USC Hospital for treatment. Patients are put in touch with the American Cancer Society to guarantee they receive appropriate psychosocial and emotional support before, during and after treatment.