

## **Clínica Msr. Oscar A. Romero**

### **Outpatient Substance Abuse Treatment Program**

Clínica Msr. Oscar A. Romero (CMOAR) offers an outpatient substance abuse treatment program of six-months or longer for adults who seek to change their use of alcohol and drugs. The program is geared toward assisting individuals make progress living a healthy life, which includes being free of the dominance of substances. Individualized treatment plans take into consideration a client's medical, psychosocial, and educational background. Group therapy is supplemented by individual and family therapy.

The program focuses on providing addicted individuals with the ability to assume personal responsibility for the ongoing management of their chronic disease. Medical and psychosocial problems are addressed simultaneously at CMOAR's full-service clinical facility. When applicable, individuals are enrolled in parenting sessions as a step toward family reunification. Staff members assist with relapse prevention, address domestic violence issues, and work to enhance client self-esteem.

#### ***Eligibility***

The outpatient substance abuse treatment program is available to any person in need, including criminal justice clients. Referrals are accepted from attorneys, public defenders, prison counselors, and parole and probation officers.

#### ***Language***

Services are provided in English and Spanish.

#### ***Payment Assistance***

CMOAR is committed to providing free or low-cost healthcare. Services are provided on a sliding fee scale. Staff will help enroll or access funding for treatment through:

- General Relief
- CalWORKS (California Work Opportunities and Responsibility to Kids)
- Prop 36 (Substance Abuse and Crime Prevention Act)
- Community Prevention and Recovery Program